

<b>Paper presented to:</b>	<b>Kent Health Overview and Scrutiny Committee</b>
<b>Paper Subject:</b>	<b>Commissioned Services for Stroke Rehabilitation: NHS West Kent CCG</b>
<b>Date:</b>	
<b>Presented by:</b>	<b>Ian Ayres, Accountable Officer, NHS West Kent CCG</b>
<b>Purpose of Paper:</b>	<b>To the update the HOSC on current commissioned services</b>

## 1. Introduction

Despite an improving picture of stroke care in hospital and from supported discharge teams, many people report feeling abandoned by the health and social care system within a short time after returning home. (Life after Stroke, 2014)

West Kent CCG (WKCCG) understands that rehabilitation is crucial for patients who have experienced a stroke and there have recently been national surveys and guidance which have shown that stroke survivors have an improved quality of life when they are supported to take control of their symptoms. Therefore, we commission a number of rehabilitation services for the residents of West Kent.

## 2. Commissioned Services

The majority of stroke rehabilitation is provided by Maidstone and Tunbridge Wells (MTW), although our patients also have access to other specialist rehabilitation services if their needs require this.

MTW provide stroke rehabilitation services on the stroke unit at Maidstone Hospital and at the rehabilitation unit at Tonbridge Cottage Hospital.

We also commission the Stroke Association to provide a Communication Support Service to patients through one to one sessions within the patient's home or at support groups within the community throughout West Kent.

Kent Community Health Foundation Trust (KCHFT) provide a Stroke Therapy Assisted Rehabilitation Service as part of the wider Frailty Therapy pathway which is a Therapy Led Stroke Discharge Team who work with patients to get them home and then work with them at home for a short while once they are discharged.

We also commission a number of other rehabilitation services which stroke survivors are able to access:

KCHFT provide a Community Neuro-rehabilitation Team who provide rehabilitation services within the community at the most appropriate setting for the patient (at the patient's home, in a day centre or at an out-patient clinic).

Kent and Medway Partnership NHS and Social Care Partnership Trust provide the West Kent Neuro-rehabilitation Unit at Darent House in Sevenoaks which is sometimes accessed for stroke patients.

Our patients also have access to the Sapphire Unit located in Gravesham Community Hospital which is provided by KCHFT but commissioned by Dartford, Gravesham and Swanley CCG.

### 3. Future plans

WKCCG is aware of the Life after Stroke document published by South East Coast Strategic Clinical Network in December 2014 which provides recommendations to CCGs. It also highlights the importance of the seven quality markers identified in the National Stroke Strategy 2007.

Life after Stroke Recommendations	National Stroke Strategy Quality Markers
<ul style="list-style-type: none"> <li>• Meeting the need – regular reviews and needs assessment</li> <li>• The provision of information</li> <li>• Emotional support</li> <li>• Empowering stroke survivors to take control</li> <li>• Supporting carers and families</li> <li>• Promoting independence – Helping stroke survivors to get involved in community life</li> <li>• Joint commissioning and audit</li> </ul>	<ul style="list-style-type: none"> <li>• Ongoing rehabilitation</li> <li>• End of life care</li> <li>• Seamless transfer care</li> <li>• Long-term care and support</li> <li>• Assessment and review</li> <li>• Participation in community life</li> <li>• Return to work</li> </ul>

We are already meeting some of these recommendations and ensure that we track our improvement against these. However, we know we still have some work to do so these recommendations and quality markers have been identified as a priority for WKCCG within our five year CVD strategy.